



WEEK 1

01/09, 22/09,
13/10, 10/11,
01/12, 05/01,
26/01

OPTION 1

Ham and Cheese Pizza
with Potato Wedges

TUESDAY

Beef Bolognese with
Spaghetti

WEDNESDAY

Roast Chicken, Roast
Potatoes and Gravy

THURSDAY

BBQ Chicken with Mixed
Rice

FRIDAY

Salmon Fish Fingers or
Fish Fingers and Chips

OPTION 2

Tomato and Basil Pasta
(Ve)

Vegetarian Bolognese
with Spaghetti (Ve)

Cheese and Tomato
Pinwheel with Roast
Potatoes

Mixed Bean Chilli Con
Carne with Mixed Rice
(Ve)

Vegetable Goujons and
Chips (Ve)

OPTION 3

Jacket Potato with
Cheese or Baked Beans

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Cheese or Baked Beans

VEGETABLES

Carrots
Cauliflower

Broccoli
Green Beans

Carrots
Cabbage

Green Beans
Sweetcorn

Peas
Baked Beans

DESSERT

WEEK 2

08/09, 29/09,
20/10, 17/11,
08/12, 12/01,
02/02

OPTION 1

Ham and Cheese Pizza
with Potato Wedges

TUESDAY

Sausage Roll with New
Potatoes

WEDNESDAY

Roast Turkey with Roast
Potatoes, Yorkshire
Pudding and Gravy

THURSDAY

Mild Chicken Curry and
Mixed Rice

FRIDAY

Fish Fingers and Chips

OPTION 2

Cheese and Tomato
Pizza with Potato
Wedges

Vegetable Curry with
Rice (Ve)

Quorn Roast with Roast
Potatoes, Yorkshire
Pudding and Gravy

Macaroni Cheese

Vegetable Goujons and
Chips (Ve)

OPTION 3

Jacket Potato with
Cheese or Baked Beans

Jacket Potato with
Cheese or Baked Beans

Jacket Potato with
Cheese or Baked Beans

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Cheese or Baked Beans

Jacket Potato with
Cheese or Baked Beans

VEGETABLES

Broccoli
Carrots

Sweetcorn
Green Beans

Cauliflower
Carrots

Cabbage
Green Beans

Peas
Baked Beans

DESSERT

WEEK 3

15/09, 06/10,
03/11, 24/11,
15/12, 19/01,
09/02

OPTION 1

Ham and Cheese Pizza
with New Potatoes

TUESDAY

Chicken Chow Mein

WEDNESDAY

Pork Sausage with
Mashed Potatoes and
Gravy

THURSDAY

Chicken and Pesto Pasta
Bake

FRIDAY

Fish Fingers and Chips

OPTION 2

Cheesy Pasta Twists

Vegetable Chow Mein

Vegan Quorn Sausage
with Mashed Potatoes
and Gravy (Ve)

Mexican Mixed Rice Wrap
(Ve)

Quorn Nuggets and
Chips (Ve)

OPTION 3

Jacket Potato with
Cheese or Baked Beans

Jacket Potato with
Cheese or Baked Beans

Jacket Potato with
Cheese or Baked Beans

Jacket Potato with
Cheese or Baked Beans

Jacket Potato with
Cheese or Baked Beans

VEGETABLES

Carrots
Cauliflower

Sweetcorn
Green Beans

Cabbage
Carrots

Broccoli
Carrots

Peas
Baked Beans

DESSERT

Shortbread with
Peaches (Ve)

Rice Pudding topped
with Raisins

Ice Cream with Fruit
Slices

Chocolate Sponge with
Chocolate Custard

Plain Flapjack (Ve)