



Yenworthy

23rd March – 27th March 2026

Course Aims

Through outdoor learning experiences the children will develop skills in:

Self awareness

Interaction with others

Communication

Responsibility

'Less about me, more about we.'

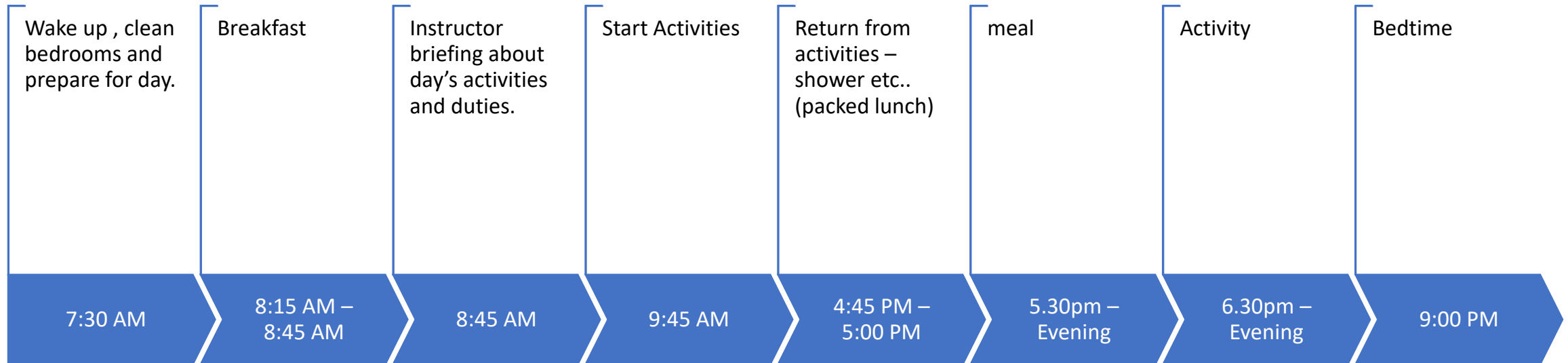
Monday 23rd March 2026

- We aim to leave at 7.45am – please can all children start to arrive from 7.30am.
- Children will need to bring a day bag containing a packed lunch and water bottle.
- Children may bring something to do on the coach – e.g. books, travel games, drawing etc... no electronic devices.

Floor Plan



Daily Time table





Duty Groups

- All children will be fully involved in the domestic routines of the centre. These only take a short amount of time and are designed to promote greater ownership and responsibility for the course.
- These include:
- Servers for dinner
- Sandwiches and wetsuits
- Boot room and corridor
- Lounge, classroom, wetsuits
- Eco Warriors.

Kit List

- There is a problem with ticks in the local area at the moment. If you want your child to have insect repellent, please hand in with other medication. Children will need to wear long trousers and tops which cover their full arms.

CLOTHES FOR ACTIVITIES		✓	
5 pairs thick socks and 5 pairs thin socks (not trainer socks)			
Several changes of underwear			
T shirts			
3 – 4 warm T-shirts / thermal tops			
3 – 4 pairs long sleeved fleece tops / Jumpers			
3 – 4 pairs trousers (jeans are not suitable for activities) tracksuit bottoms or leggings are ideal			
2 pairs of Fleece / <u>woollen</u> gloves or mitts, warm hat, balaclava, scarf			
Swimming costume			
Coat / Jacket			
2 pairs trainers – 1 for normal use + 1 old pair for wet activities			
OTHER ESSENTIALS	✓	OTHER ESSENTIALS	✓
2 x good sized towels		Wellington or waterproof boots	
Personal medication		Torch and spare batteries	
Plasters for blisters		Writing materials	
Toiletries etc. **		<u>Lypsy!</u> or lip salve (all year round)	
Sun block – Factor 30+ & sun hat		2 x bin liners	
<u>Pyjamas</u> or night clothes		1 Litre drinks bottle & Lunch Box	
Casual clothes for evenings		Slippers/ indoor shoes	
Additional Covid-19 Safe Measures			
Face Covering / Mask (for minibus travel only)		<u>Hand Sanitiser</u>	
Single duvet & cover or Sleeping Bag, pillow & case and a single fitted mattress sheet			

Medication

- If your child is taking medication a permission to administer medication form needs to be completed before the trip.
- On the morning of departure please give medication to Miss Potter.
- We will be taking a school bottle of Calpol, to be used if necessary. If you DO NOT wish us to administer Calpol, please let us know via email.

Dormitories

- Children will be in groups of 3 and 4 in dormitories. Children will be asked to identify up to 3 children they would like to share a room with, they will be guaranteed to be with at least one of them.
- Some dormitories are ensuite.



Food

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Bacon Roll, cereal, toast, tea	Beans on toast, cereal, toast, tea	Croissant, cereal, toast, tea	Pain au <u>chocolat</u> , cereal, toast, tea
Lunch	Own packed lunch for arrival	Wrap with filling choice crisps, fruit, cake	Cheese pasty, crisps, fruit, cake	Devon meat pasty, crisps, fruit,	Sausage roll, crisps fruit, cake
Dinner	Sweet and sour / curry chicken with rice Angel delight	Jacket potato with choice of cheese, beans or tuna with salad Rice pudding	Pasta Bolognese Trifle	Beef burger and roll, chips, salad Ice cream	

Vegetarian options and dietary requests as per booking form in advance. All meat is halal

Activities

- Children will be placed in two activity groups.

Yenworthy Lodge Outdoor Education Centre – Winter Course P

Course Director:

Day	Eve Duty	L/W Tidal Range	School Staff:					Evening Programme
			Group A (10)	Group B (10)	Group C (10)			
Mon Arrive 12pm	Tutor		Centre Day – ropes course					Night walk on moors
Tue	Tutor		Surfing at Putsborough * Or Sand surfing at Braunton *					Orienteering
Wed	Tutor		Cliff adventure at Lynmouth					Shop & Outdoor Quiz
Thur	Visiting Staff		Outdoor business and ghyll scramble Or Open Boat session Wimbleball Lake*					Pack & school led activity
Fri			Lyn valley Flood trail or Lorna Doone reenactment					

Exact program will depend on number of activity groups and local conditions and will be finalised with your staff at the welcome meeting.

- Denotes activities where the air temperature and wind speed will have an impact on provision

Photographs

- Each group will be given a camera to take photos with during the week. Only children whose parents have consented to this will have their photographs taken.
- These photographs will be loaded onto memory sticks and sold for £5.

Friday 27th March 2026

- The coach will leave Yenworthy at 1pm and we aim to arrive back in Tackley at 5pm.

Questions

- If you have any questions, please feel free to email via the school office or if you wish to discuss the trip with me, please contact the school office to arrange a time to meet.