

Children & Young People 0-19 Public Health Service

Single Point of Access (SPA)

Universal Children's Services

Murray House

Jordan Hill Business Park

Oxford

OX2 8TA

SPA -01865 903800

Email: CYP0-19@oxfordhealth.nhs.uk

Starting School: Information for Parents & Carers of Children in Reception

The Children and Young People 0–19 yrs (CYP 0-19) service includes health visiting, school nursing and Family Nurse Partnership teams. We work with children and young people aged 0–19 years, and their parents and carers, across Oxfordshire. Our qualified School Health Nurses, Community Public Health Nurses and Community Public Health Associates support children in school who have medical needs. We provide advice on health-related issues, offer health reviews, support families with complex needs, and contribute to health promotion activities. Safeguarding children is central to our work, and we work closely with parents, carers and partner agencies, including social care and health services.

If you would like to discuss your child's medical needs or their transition to school, please contact us using our ChatHealth text service.

Contacting the Service



0-19 CYP Text messaging service for support or advice

ParentLine 0-4 years. Text: 07312263081

ParentLine 5-11 years. Text: 07312263227

Parent line & ChatHealth 11-19 years. Text: 07312263084

ChatHealth -ParentLine, is a texting service for parents and carers. You can text anytime of the day or night, and you will have a response from a member of the CYP 0-19 team the next working day, between 9am -5pm Monday to Friday (excluding Bank Holidays).

Or contact our Single Point of Access (SPA) Team on

Tele: 01865 903800

Email: CYP0-19@oxfordhealth.nhs.uk

Oxford Health Care Records

We can access your child's community health record and will update it when we provide care or support. On occasion, we may also need to access a parent's or carer's community health record, but only when the information is relevant to your child's care, support or wellbeing.

We are committed to protecting your privacy and will only access these records when necessary and appropriate.

Thank you for your understanding and cooperation.

[Oxford Health Privacy Notice April 2026](#)

[Oxford Health Privacy Policy Easy read patient privacy notice](#)

School readiness

A four-year review was introduced in April 2024 and may already have been offered to your child by the health visiting team. Your health visitor can support your child's early learning and remains the named health professional for your child until they are five. School health nurses work closely with health visitors and continue to support children who need additional help, including with nocturnal enuresis, also known as bed wetting. For toilet training advice, visit www.eric.org.uk

If your child has ongoing health needs, your health visitor may continue to work with you and your child until they are eight.

You can help your child get ready for school by encouraging a varied diet, a good sleep routine, and independence with dressing and toileting.

The Coram Family Lives website has some excellent advice and tips for parents.

[Parenting and Family Support - Family Lives \(Parentline Plus\) | Family Lives](#)

There is also useful information on the Oxfordshire County council website.

[What is school readiness? | Oxfordshire County Council](#)

Support for children with special educational needs and disabilities (SEND)

School nurses and health visitors may contribute to the support of pupils with special educational needs and disabilities in school or consult with specialist services who are involved with the child and family. For more information visit the Local Offer on [Oxfordshire SEND local offer | Oxfordshire County Council](#)

Immunisation review

Before starting primary school, your child should have completed their routine childhood immunisations and received their pre-school boosters at your GP practice. If you are unsure whether your child is up to date, please check their red book or speak to your GP or practice nurse.

Children in Reception will be offered the seasonal flu vaccination at school in the Autumn Term. This is given as a nasal spray. The School Age Immunisation Service (SAIS) will contact schools and share electronic consent forms and further information. For immunisation queries, please visit [Oxfordshire SAIS - Oxford Health NHS Foundation Trust](#) or email immunisationteam@oxfordhealth.nhs.uk.

For further details, please review the [full immunisation schedule for children under 5](#).

Managing medicines in school

If your child needs medication at school, please inform the school and follow its procedures for administering medicines. The school is responsible for managing all medication and care plans and will work with parents and carers to complete an individual healthcare plan.

All prescribed medication brought into school must have a pharmacy label showing your child's name, the name of the medication, the dose and when it should be given. Non-prescription medication will be managed in line with the school's policy.

Parents and carers must ensure that medication held at school remains in date, is replaced before it expires, and that expired medication is collected and disposed of safely.

Health Reviews

The school health nurse team can offer health reviews when needed. This includes children who have a Child Protection Plan or are in Local Authority Care.

You will be asked by school staff for your consent, before your child is referred to the school nursing team, and you will be invited to any appointment we have with your child.

School Screening Programmes

- Vision Screening – for reception children only
- Height and Weight Measurement through the National Child Measurement Programme (NCMP) – for reception and year 6 only

The School Screening Team will visit your child's school during Reception. You will receive a letter before the visit with more information. If you do not want your child to take part, please follow the opt-out instructions in the letter, otherwise your child will be included.

Accessing Screening Results

Results will usually be available within 5 days of screening through the secure School Screener Parent Portal.

This is the only way to receive your child's screening results.

Please create a School Screener account now using the link below. When your child's results are ready, you will be asked to log in to view the letter. If your child needs any follow-up care, such as an optician or eye hospital referral, this information will only be shared through your School Screener account. [Create a School Screener Account](#)

School attendance

Absence from school is sometimes unavoidable, but frequent absences for minor illnesses may contribute to pupils getting behind with their work, finding friendships difficult to maintain and losing confidence in the classroom.

Please consider: -

- Does your child have an infectious disease ?
- Is your child well enough to manage school activities?

Encourage your child to get back to school as soon as they are well.

For more information visit- [Is my child too ill for school? - NHS](#)



Health education and health promotion activities

The school may ask the school health nurse team to provide health lessons and activities for pupils. These sessions support the health teaching children receive at school and at home. Each term, the team also writes a health newsletter for parents and carers. It includes information about common childhood health topics and advice on healthy lifestyles. The newsletter is sent to parents and carers by school, usually by email.

CYP 0-19 website

You can find more information about the service, including useful advice and resources for parents, carers, children and young people, on the [Children and Young People \(0–19\) - Oxford Health NHS Foundation Trust](#) website.

We are here to help keep your child healthy and to support you when needed. Please contact our service if you have any questions.

Thank you for reading this letter.

From the CYP 0–19 Service