



Tackley C of E Primary School

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02.10.26

#Hello Yellow for Young Minds

Dear Parents and Carers,

This year we will again be taking part in #HelloYellow on 9th October 2026 to raise awareness and funds for YoungMinds, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why Hello Yellow matters. We're taking this opportunity as a school community to come together and show our students that we're with them and they're never alone with their mental health.

Most importantly, we want to share the resources which YoungMinds offer to support parents and carers if you ever need help and advice to support your children. This includes:

- online resources available [here](#)
- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

Children can choose to wear non-uniform (yellow if they would like to) on the 9th October to show young people that how they feel matters, as well as raising money for YoungMinds. We ask parents and carers to consider making a donation to YoungMinds [here](#). Cash is also welcome, please send it to school on the 9th October.

We're confident that taking part in #HelloYellow will show our young people that they're not alone with their mental health. Together, we can create a brighter future for children and young people.

Kind regards,

Mrs Barnett
Attenborough 6 Class Teacher



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