Year 3 and 4 Residential

22ND- 24TH MARCH 2027

Glasbury House, Hereford



Monday 22nd March

Travel by coach.

Leave school 8.45am.

Please arrive at school by 8.15am.

Arrive by lunch.

Wednesday 24th March

Leave early afternoon.

Arrive at school 5-6pm.

Sleeping arrangements



- Children will be in rooms of 3 – 8
- Rooms will be decided before we go
- Boys and girls are separate
- At least one member of staff on each floor
- Children will need to make own bed!

During our stay

- During the day children will be split into three groups for the activities, adults with each group.
- Children will be split into four duty groups.

What will we do?







We will do lots of activities that encourage the children to work together. We will find out nearer the time, but they *could* include:

- Climbing
- Gorge walking
- Abseiling
- Mountain biking
- Bushcraft
- Orienteering
- Archery

Food – an example of the meals

	Monday	Tuesday	Wednesday
Breakfast	N/A	Cereal, yogurt Bacon Rolls	Cereal, yogurt American Style Pancakes
Lunch	Packed lunch from home	Packed lunch	Packed lunch before we leave.
Tea	Chicken Goujons, chips and beans (vegetarian option) Chocolate brownie & chocolate custard	Pasta Bolognese, garlic bread (vegetarian option) Vienetta	

Kit List

Oxfordshire Outdoors: Clothing list

Courses at the Centres spend a lot of time outdoors, whatever the weather, so it's highly likely clothes will get wet and dirty. Hard wearing, warm clothes are required all year round, the season and prevailing weather will dictate quantity. We are asking you to provide functional rather than fashionable clothing, so please don't think you have to make additional purchases. The list below is based on centre experience, if you have any problems in providing any of the items, please discuss with the teacher organising the course.

Activity clothing	✓	**Personal**	✓	**Other essentials**	✓
5 pairs thick socks and 5 pairs thin socks (not trainer socks)		Casual clothes for non-activity time eg wearing around the centre		Personal medication (marked with name)	
Change of underwear per day		Slippers / indoor shoes		Plasters for blisters	
3 long sleeved fleece/ sweatshirts		Pyjamas / night clothes		Sun block – Factor 30 minimum (summer)	
3 base layers, preferably not cotton		Towel and washbag for shower – no aerosol sprays		Sun hat and optional Sunglasses (summer)	
3 pairs trousers, tracksuit bottoms are ideal (jeans are not suitable for activities)		Single duvet cover, pillow case, single bottom sheet (or sleeping bag if preferred)		1 litre drinks bottle	
Fleece/woollen gloves or mitts, warm hat (Beanie fits under a helmet) scarf (Nov-Apr)		Pocket money (for the centre shop)		Lunch box	
Swimming costume (for Yenworthy and Kilvrough)		S.A.E/stamps for postcards, pens/pencils		Bin liner for laundry/wet clothes	
Strong windproof coat with hood				Cuddly toy (optional)	
2 pairs trainers – 1 for normal outdoor use + 1 old pair for wet activities				Torch	
Board shorts/PE shorts or similar (summer)					
I towel for changing					
Waterproof jackets and over trousers, wellington boots, walking boots and day rucksacks are provided by the centre for the duration of the course and at no charge, however if you do have your own feel free to bring them.					

Please note:

- **Please bring a packed lunch for the day you arrive**
- Aerosol deodorants are not allowed as they can trigger the fire alarm system
- Please check that clothing and personal possessions are named – this is especially important for medication such as inhalers

Kit List

Please name everything!
Games like top trumps, uno etc are great to play when we have downtime or on the coach.

Please **DO NOT:**

- send your child with sweets or chocolates.
- send your child with electronic entertainment or phones.

Any valuables, eg jewellery or watches should be left at home. If your child brings them we cannot be held responsible for any damage or loss.

Medication

Please complete medication form, including travel sickness.

Please bring inhalers from home.

Please return medication form to school by 19th March.

Hand medication in on the morning before we leave.

Do NOT put medication in your child's suitcase.

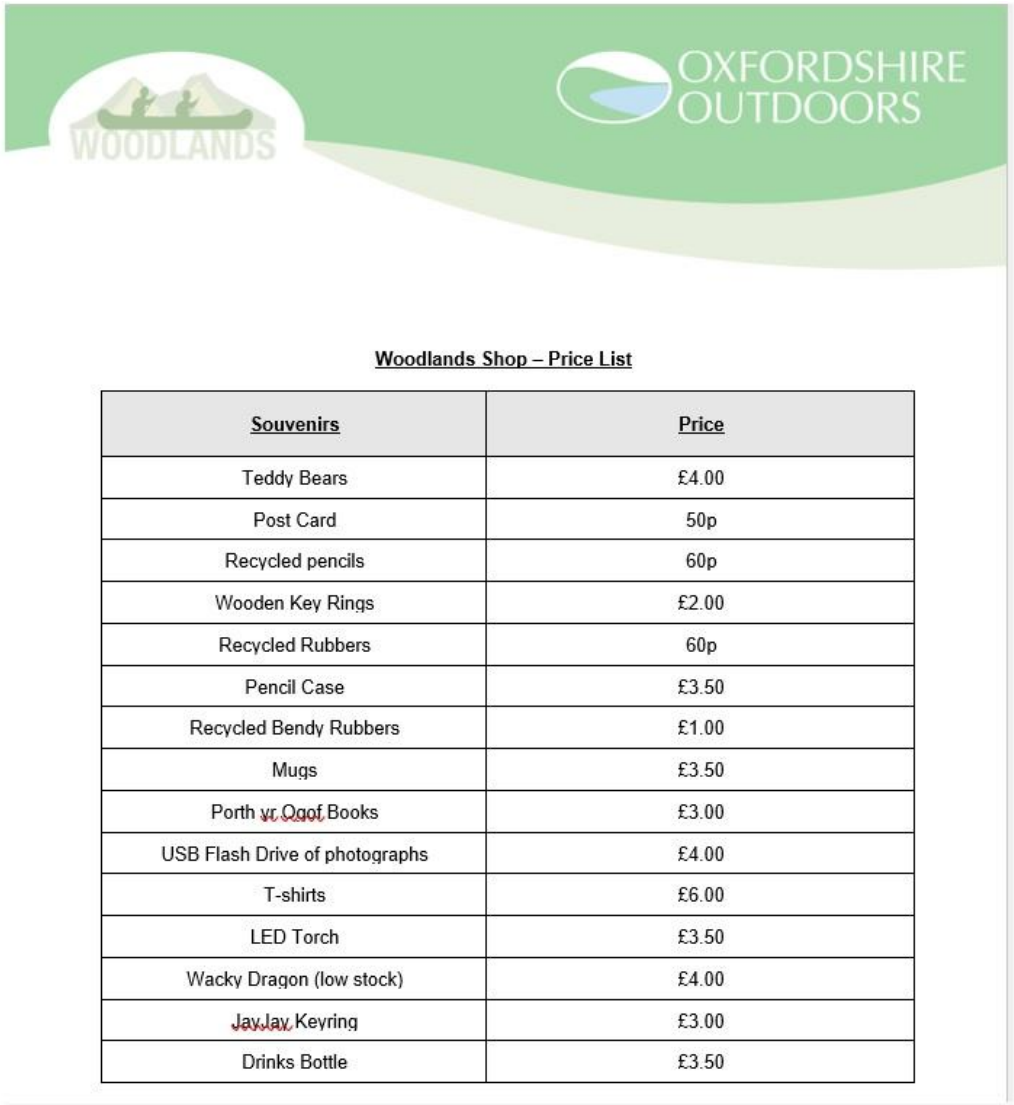
Medication will be given as directed on the form and signed off by staff.

If your child becomes ill while we are away, we will monitor them closely.

If we have concerns that your child is unwell we will call you and let you know.

We will have calpol with us, so please do not send any with your child.

Please sign a form to give us permission to give calpol to your child if necessary.
(We will always try and call you before we do.)



Spending Money (prices may have changed)

Photos

Please **do not** send a camera with your child.

We will take photos throughout the week.

Children will be able to purchase a USB stick with the photos of our stay.

If you have not given permission for your child to have their photo taken, they will not be included on the USB stick.

Communication home

We will not phone home unless it is an emergency.

We will keep you posted about our adventures via social media.

Please check your email regarding definite ETA when we are returning home.

Any questions?